



Middlesex West
CHAMBER OF COMMERCE

Local Business Guide

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Chamber of Commerce
2014-2016



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Welcome to the Middlesex West Chamber of Commerce Business and Community Guide. I hope this guide will earn a spot on a handy shelf next to a phone, maybe in your car glove box, or on your desk at the office and becomes a reference for the next two years.

The businesses listed inside are valued members of the Chamber which covers an eight town service area. The towns are: Acton, Boxborough, Carlisle, Concord, Littleton, Maynard, Stow and Westford. Over the last 25 years, the Middlesex West Chamber has held the mission to strengthen our communities by voicing support for and advocating the promotion of business.

The cover photo is of a local spot taken by Lou Genovese, One27 Photography, and while we had several suggestions to "Photoshop the cell tower out of an otherwise beautiful shot", the cell tower does express that our communities support vital business and technical pursuits. We are fortunate to have a strong business sector. The photo remained in the form intended by our contributor; it is a beautiful shot, as is! We really do live in a beautiful place, with thriving businesses and organizations that contribute to our quality of life. How lucky we are!

Our Board President Cindy McCullough, owner of 1 on 1 Self Indulgence Spa (now located in Acton) was the spearhead for bringing in this new community guide. Under her direction, the Chamber has taken on several new pursuits in addition to the Guide including: the September Dash 'N Bash 5K and the November Holiday Shopping Showcase. These new programs will be with the Chamber for many years to come.

The Chamber is very fortunate to have several business partners to sponsor us throughout the year and enable the Chamber to offer many programs and services free of charge for members. The Holiday Inn Boxborough has been our premier sponsor for several years; they are a significant program partner and many of the staff members serve on committees that help make everything run better. Middlesex Savings Bank and Emerson Hospital have also been long-term sponsors of the Chamber. We simply could not offer all that we do throughout the year without their partnership and support!

Sarah Fletcher, Executive Director



Chamber Profiles™ The 2014-2016 Middlesex West Chamber of Commerce Local Business Guide was published as a service to the MWCOC by Chamber Profiles (a division of Indie Owned, LLC) and was mailed, free of charge, to every home in Acton, Boxborough, Littleton, Maynard, Stow, & Westford and to all Chamber Members. The Guide can also be found online at www.MWCOC.com and at MWCOC.ChamberProfiles.com.

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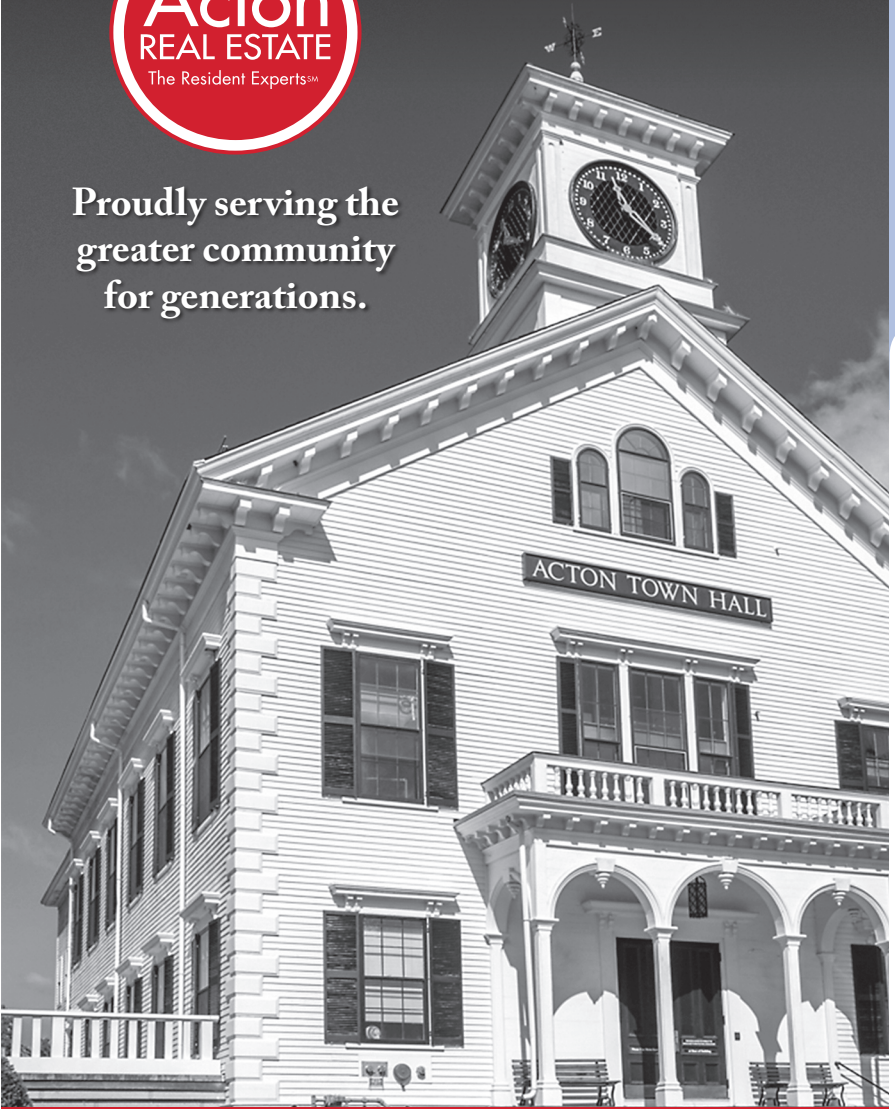
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1 on 1 Self Indulgence Spa ~ Cindy McCullough



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Sat	9:00 am - 5:00 pm
Sun	1:00 pm - 5:00 pm



The Acton Handyman is owned by Kevin and Patty Connolly. Kevin is a highly skilled carpenter, contractor, builder, and tinkerer. He started in the building business in the 1980s. Kevin became a "hometown handyman" serving neighborhoods in Westchester County in 2000 when the property investment management company that Patty worked for moved their family to New York. In 2012, the Connolly family came back to Massachusetts, and to Patty's childhood hometown of Acton to provide hospice care for Kevin's mother and to be nearby Patty's parents.

The statistic we are most proud of is that over the past 30 years, two-thirds of Kevin's clients

are repeat customers. Kevin earns that loyalty by being sincere, competent, and reliable. Once clients know and trust Kevin through handyman projects, many invite him back to remodel kitchens and bathrooms or to complete the renovation they have been postponing.

Kevin's goals are to establish solid relationships with his clients and to deliver quality workmanship within the expected time-frame and at a reasonable price. The Acton Handyman guarantees complete satisfaction.

Find out what The Acton Handyman can do for you by calling (978) 844-6359 for a free in-home consultation, and by visiting us at www.actonhandyman.com and on Facebook.

Acton Pharmacy, Inc. ~ Saad Dinno



Acton Pharmacy™

563 Mass Avenue
Acton, MA 01720
978-263-3901
www.actonpharmacy.com

HOURS OF OPERATION:

Mon - Fri	8:30 am - 8:30 pm
Sat	8:30 am - 6:00 pm
Sun	8:30 am - 4:00 pm



Acton Pharmacy™

Acton Pharmacy is a neighborhood pharmacy that is committed to providing the highest quality of care for each customer. Owned by brothers and pharmacists Saad and Raied Dinno, Acton Pharmacy offers prescriptions, compounded medications, and other specialty items such as medical supplies, homeopathic remedies, and a full line of vitamins and vaccines.

Our pharmacists—some of whom have worked at the pharmacy for decades—are

passionate about providing individualized care, including one-on-one counseling for prescriptions and health issues, and care coordination to ensure that prescriptions are authorized and expedited. We listen to and care about our patients' concerns and tailor all of our compounded medications to the needs of each individual. We also work very closely with physicians and other health care providers to determine the best possible therapy for our patients.

Acton Real Estate Company, LLC



371 Massachusetts Avenue
Acton, MA 01720
(978) 263-1166
www.acton-realestate.com

HOURS OF OPERATION:
Agents available 9:00 am to 7:00 pm
7 days a week



Acton Real Estate Company is a locally owned and managed, full service real estate firm. Our agents are among the top producers in the area because of their experience, knowledge of the communities served, and their ability to perform exceptionally well throughout every transaction. They are supported by a staff that includes the proprietors, Jackie and Victor Normand, a full time

office manager and office assistant.

Our affiliation with the *Realty Guild* and membership in the *Leading Real Estate Companies of the World®* connects our buyers and sellers with opportunities throughout the region, across the country and around the globe.

Bay State Elder Law, P.C. ~ Philip Summers, Esq. & Cathleen Summers, Esq.



Two convenient locations
in Acton and Sudbury
978-263-0006
www.baystateelderlaw.com

HOURS OF OPERATION:
Mon - Fri By Appointment
Sat, Sun Closed



Bay State Elder Law is a widely recognized leader in Medicaid, estate planning, asset preservation, probate, and all other issues pertaining to elder law. Founded by a Nurse Attorney, Bay State Elder Law has over 20 years experience and has been the trusted source for expert legal advice that families need to maintain their financial security and protect their wealth for future generations.

Whether you have just placed a loved one in a nursing home and don't know where to turn, or you want to plan ahead for your own future security, you need a trusted expert. Start the conversation today and learn about your options from the attorneys at Bay State Elder Law.

Learn more at www.BayStateElderLaw.com or call us at 978-263-0006.

Acton Office
179 Great Road, Suite 109
Acton, MA 01720
978-263-0006

Sudbury Office
111 Boston Post Road, Suite 101
Sudbury, MA 01776
978-579-3030

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566 Massachusetts Avenue
Acton, MA 01720
978-264-2088

contact@beaconwestplacement.com
www.beaconwestplacement.com

HOURS OF OPERATION:

Mon - Fri 9:00 am - 5:00 pm
Appointments Scheduled from 9:00 am to 4:00 pm.



At Beacon West Placement, the passion to match the right candidate to the right client is what drives us. Our ability to build trusting, long-term relationships with our clients by presenting the best candidates available is what sets us apart. With vast experience as Senior Staffing Specialists, both Cheryl and Tracey are well regarded throughout the Metro West area. At Beacon West Placement, we take pride in our personal, thorough approach. We meet and interview each candidate and consider skills, education, and experience before presenting them to client companies. We truly want what is best for both the client and the job seeker we present.

Since starting Beacon West Placement in 2005,

we have gained the respect of candidates and client companies, and have continuously been awarded "Best of Acton, Employment Contractor" since 2008. In 2014 we were honored by being inducted into the Business Hall of Fame!

Beacon West Placement has continued to grow, working with the most reputable companies in the region. We place a wide range of professionals in corporate positions, including Financial, Healthcare, Human Resources, Education, Legal, Telecommunication, and Technology; from receptionist and clerical positions through upper management. We're ready to work with you. Call us today.

Benchmark Senior Living at Robbins Brook ~ Peter Touborg



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978-264-4666 x202
www.benchmarkatrobbsbrook.com

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- *Award-winning Arthritis Exercise Program
- *Trips, entertainment, and the opportunity to stay active and involved
- *Proud to be a Benchmark Senior Living community named a Top 100 Place to Work by *The Boston Globe* year after year

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Brain Health and Wellness Center ~ Nancy Emerson Lombardo



P.O. Box 2683
Acton, MA 01720
978-621-1926
nemerson@brainwellness.com

To learn more see the Brain Health and Wellness Center® website at: brainwellness.com and Dr. Emerson Lombardo's webpage at www.bu.edu/alzresearch/about/team/faculty/lombardo/



The Brain Health and Wellness Center® is the DBA for HealthCare Insights, LLC, a woman-owned small business headquartered in Acton, MA dedicated to informing people about eleven evidence-based brain-healthy lifestyles of which evidence-based Memory Preservation Nutrition® is the centerpiece. Nancy B. Emerson Lombardo, Ph.D., founded and leads the Brain Health and Wellness Center® and developed and guides implementation of the Memory Preservation Nutrition® program for businesses, non-profits, schools, individuals, and families.

Dr. Emerson Lombardo is Adjunct Research Assistant Professor of Neurology at Boston University School of Medicine, on the faculty of the BU Alzheimer's Disease Center, is one of the founders

of both the national Alzheimer's Association and Alzheimer's Disease International and currently serves on the Medical Scientific Committee of the Alzheimer's Association of MA/NH. She obtained her BA at Cornell University and Ph.D. from Yale.

Dr. Emerson Lombardo's team of highly qualified specialists also helps ensure the success of the MPN™ program. Each experienced team member adds their own unique professional perspective and talent to enhance the MPN™ program. The Brain Health and Wellness Center® team members include educators, senior and junior nutritionists, chefs, and marketing and business development specialists.

British Beer Company ~ Edward Montgomery



149 Littleton Road
Westford, MA 01886
978-577-6034
westfordpub@britishbeer.com
www.britishbeer.com

HOURS OF OPERATION:

11:00 am - 1:00 am
7 days a week



The British Beer Company. Brilliant Ales, Invigorating Stouts, Authentic British Pub Fare, & Bang On Night Life!

In Great Britain, Ireland, and across Europe, the pub, or "local", is the center of town life: a place to relax, refuel the body and the spirit, share news, and be entertained.

The Westford British Beer Company delivers that same atmosphere and service to you today. Our outdoor patio is open in summer, and our fireplaces lit in fall and winter.

The BBC is dedicated to serving craft beers from near and far as well as local foods. Recently we launched our Red's Best Seafood dishes with

seafood supplied by local New England fishermen. We can tell you the date, the name of the vessel, and the captain of the boat who caught the fish! Look for seasonal Fresh & Local specials daily. Check out our robust menu of gluten-free items, too. We are also known for our famous pizza. Our crusts are from special recipes and include Traditional, Multigrain, Beer, and Gluten-free.

Our full menu is available for take-out, and we have call-ahead seating.

Don't forget our music on Friday and Saturday with no cover.

See you at the pub.

Bueno Y Sano ~ Jason Brady - Owner



263 Main Street
Acton, MA 01720
978-263-9200
www.buenoysano.com

HOURS OF OPERATION:

Mon - Sat 10:00 am - 9:00 pm
Sun 12:00 pm - 8:00 pm



Serving up your favorite burritos, quesadillas, tacos, salads, and more, the Acton Bueno Y Sano is our fifth location in MA. With hundreds of possible combinations, all our burritos are cooked to order with fresh and delicious ingredients.

Jason Brady, the owner of our Acton location, features lunch and dinner plates and daily specials.

Every Tuesday is FAT Tuesday: Get a grande burrito for the price of a regular. Just say, "Make it a grande!"

Call ahead and we'll have your order ready!

Open seven days, casual and family-friendly, eat in or take out. Group orders available for local businesses and parties.

Since 1995 when we opened our very first location in Amherst, MA, Bueno Y Sano just keeps growing. We owe a BIG Thank You to all of our great customers.

**Every Tuesday is FAT Tuesday:
Get a grande burrito for the price
of a regular. Just say,
'Make it a grande!'**

Bullock's Nursing Service ~ Kim Bullock



747 Main Street, Suite 225
Concord, MA 01742
978-369-0463
kba112452@comcast.net
bullocksnursingservice.com

HOURS OF OPERATION:

Open 24 x 7



Bullock's Nursing Service has been offering home healthcare to the local community since 1978. We are family owned and managed as well as RN-owned and managed. We have companions, CNAs, LPNs, and RNs on staff to handle both personal care and skilled nursing services. We offer flexible scheduling starting from three hours per day to 24 x 7 care. We offer transportation, meal preparation, light

housekeeping, companionship, personal care, and medical services. All clients receive a free initial assessment by an RN. Our RNs are available 24 x 7 to handle any medical issue or other concerns. Our number one priority is the satisfaction of our clients and their families. We have many excellent references available upon request.

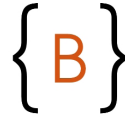
Burtons Grill ~ Jon Freedman



One Cornerstone Square
Westford, MA 01886
978-692-1220
www.burtonsgrill.com

HOURS OF OPERATION:

Mon - Thur 11:30 am - 10:00 pm
Fri, Sat 11:30 am - 11:00 pm
Sun 11:30 am - 9:00 pm



BURTONS
GRILL

With an uncompromising commitment to quality and strong relationships with local suppliers, Burton's Grill uses the freshest premium ingredients to prepare flavorful, contemporary American cuisine for lunch and dinner, including dishes ranging from grilled meats and seafood to regional favorites. Shareable appetizers ranging from light to indulgent offer an ideal way to begin your meal; classic and creative salad selections are fresh and light; and entrees include exceptional burgers, flavorful proteins fresh from the grill, fresh pastas, risottos, and steaks that appeal to appetites of all kinds.

Burton's Grill in Westford features an intimate semi-private dining area that is ideal for any occasion, whether its a birthday party, business function, or other

special event. Burton's Grill also offers the most current selections of wines on our wine list with more than 12 available by the glass. A full line of spirits and draft and bottled beers are always available.

Burton's Grill is a leader in accommodating dietary restrictions, with innovative allergy and gluten-sensitive programs and commitments to accommodating special requests whenever possible. Extensive gluten-sensitive and vegetarian menus offer peace of mind without sacrificing flavor, and preparations can be modified for special requests. The innovative {B} Choosy Children's Menu offers flexible, balanced, and delicious dining options for young guests.

Cambridge Savings Bank ~ Jennifer Scobo



145 Great Road
Acton, MA 01720
617-575-8514
info@cambridgesavings.com
www.cambridgesavings.com

HOURS OF OPERATION:

Mon - Wed 9:00 am - 4:00 pm
Thur 9:00 am - 6:00 pm
Fri 9:00 am - 5:00 pm
Sat 9:00 am - 1:00 pm
Sun Closed



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Cambridge Savings Bank is a full-service financial institution with approximately \$2.6 billion in assets that is committed to improving the quality of life in the communities it serves. One of the oldest and largest community banks in Massachusetts, Cambridge Savings Bank offers a full line of individual

and business banking services and has 17 banking centers located in Cambridge, Acton, Arlington, Bedford, Belmont, Burlington, Concord, Lexington, Newton Centre, Newtonville, and Watertown. For more information about Cambridge Savings Bank, go to www.CambridgeSavings.com

Colonial Spirits ~ Timothy Bush



87 Great Road
Acton, MA 01720
978-263-7775
www.ColonialSpirits.com



HOURS OF OPERATION:
Mon - Sat 9:00 am - 10:00 pm
Sun 10:00 am - 6:00 pm

Colonial Spirits of Acton has been in business for over 50 years. Throughout that time the store has continually grown and expanded to meet the needs of a changing community. Colonial Spirits moved into the old movie theater at 87 Great Road in Acton, MA on March 31, 2003. The store now showcases the largest selection of beer, wine, and liquor in the area. Inside you will find over 16,000 bottles of wine, an extensive collection of beers and ales from over 40 countries, and all the ingredients of your favorite drinks and cocktails.

Our main goal at Colonial Spirits is to make our customers happy with the service we provide and the selection we carry. We want each and every customer to leave not only pleased with their purchase but relieved that there is still a store out there that genuinely cares about and appreciates the people who frequent the business. Colonial Spirits can help you plan an event, find the perfect wine for your dinner, or special order anything we don't already carry. Please visit Colonial Spirits in Acton to find the best deals around and much more.

Concord Teacakes ~ Judy Fersch & Peter Mahler



59 Commonwealth Avenue
Concord, MA 01742
978-369-7644
bakery@concordteacakes.com
www.concordteacakes.com

HOURS OF OPERATION:
Mon - Fri 6:00 am - 5:00 pm
Sat 7:00 am - 5:00 pm
Sun 8:00 am - 1:00 pm



Concord Teacakes is located in the charming village of West Concord, easy to reach by public transit or by car. Stop in to our café for a coffee, tea, or latte and join us for a quick breakfast of homemade muffins, croissants, and breakfast sandwiches. Our delicious sandwiches, salads, and entrees are customer favorites for lunch and dinner and, of course, our desserts are irresistible! We also offer a full catering menu.

Concord Teacakes specializes in making delectable, show-stopping cakes, cupcakes,

and cookies for all occasions. Our cakes are made with the freshest ingredients and individually designed for each customer. Our cake decorators are true artists, combining delicious flavors with beautiful color and outstanding design.

We can give your wedding, shower, bar/bat mitzvah or any other event a sweet and memorable highlight.

If you are looking for something out of the ordinary for both visual "wow" and fantastic taste, you'll find it at Concord Teacakes.

See our ad on page 11

Eckel, Morgan & O'Connor LLC



201 Great Road, Suite 303
Acton, MA 01720
978-266-0101
www.eckel-law.com

Eckel, Morgan
& O'Connor

Eckel, Morgan & O'Connor LLC is a locally based estate planning firm of the highest caliber. Our goal is to create longterm, caring relationships with our clients to address all of their planning needs. Our principal areas of practice are:

Estate Planning - We work closely with every client to address their individual estate planning goals and provide them with tailored solutions to their needs, whether they have simple or complex estates.

Elder and Disability Law - Our attorneys focus on a holistic approach to the individual needs of families when a loved one becomes disabled or needs longterm care, to ensure that all of the client's needs are properly addressed.

Guardianships/Conservatorships - When a loved one becomes incapacitated or incompetent, we provide the expertise to make the process efficient and comprehensive.

Probate Administration - Our experienced attorneys will guide you through the probate process and provide peace of mind and expert assistance to the survivors during those difficult times.

Small Business and Nonprofits - We have the experience to fully assist clients in all aspects of establishing or selling their business.

Tax Law - Four attorneys hold advanced degrees in taxation, ably positioning us to assist clients with federal and state tax planning and audit representation.

Emerson Dental, PC ~ Pamela Austin

Emerson
Dental

133 Littleton Road, Suite 203
Westford, MA 01886
978-399-0017
receptionist@emerson-dental.com
www.emerson-dental.com

HOURS OF OPERATION:

Mon	9:00 am - 5:00 pm	We are open every other Friday from 9 am - 1 pm from October through June. The root canal specialist is here one Saturday a month to see patients, as well as two Tuesdays a month.
Tue, - Thur	8:00 am - 5:00 pm	
Fri, Sat	By Appointment	
Sun	Closed	
All hours are by appointment.		

Angie's list.

2013
SUPER
SERVICE
AWARD

Emerson Dental opened for patient care in 2001 and was purchased by Dr. Gregory Wu on 11/1/2010, changing the focus of the practice from an adults-only practice to a family practice with multiple specialists. Dr. Jerry Swee, a pediatric dentist, joined our practice in 2011 and sees children starting at 12 months old. We also have a root canal specialist and a periodontist on staff. Dr. Carlivette Santamaria, a general dentist, joined the practice in 2012 and speaks Spanish.

The goal of our practice is to provide the very best dental care to patients, treating each with

respect, compassion, and gentleness. Dr. Wu treats each patient as if they were a member of his family. He makes a commitment to be available for patients of record 24/7 for emergency calls and to take the time to listen if the patient ever has a question or concern.

Dr. Wu is married and has twin daughters and two dogs. He is an avid Boston sports fan and also supports the schools in the Westford area.

Emerson Dental, PC has earned the Angie's List Super Service Award for 2012 and 2013 as well as being accredited by the Better Business Bureau.



The Acton Handyman LLC (978) 844-6359

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www.actonhandyman.com



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Before

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978.266.0101

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227 Chelmsford Street
Chelmsford, MA 01824
978.256.7740

www.eckel-law.com

Emerson Hospital ~ Westford Health Center



Route 110, 133 Littleton Road
Westford, MA 01886
978-589-6999
www.emersonhospital.org



The Emerson Hospital Health Center in Westford brings a wide range of top-quality health services to the community. When you or your family need a convenient place for a primary care physician, pediatrician, specialist, or exceptional diagnostic care and the most advanced imaging equipment, look no further. With more than 30 physicians in 15 different practices, Emerson gives you all the services you need to keep your whole family healthy and well.

Medical services in Westford are complemented by the Polo Emergency Department, the Clough Birthing Center, the Mass General Cancer Center at Emerson Hospital-Bethke, the Clough Surgical Center, and the Yeatts Radiology Center—all based at Emerson Hospital in Concord.

For more information on services in Westford, Concord, Groton, or Sudbury, please visit emersonhospital.org.

Emerson Hospital, Concord: 978-369-1400

See our ad on page 47

Enterprise Bank



340 Great Road
Acton, MA 01720

237 Littleton Road
Westford, MA 01886

EnterpriseBanking.com



HOURS OF OPERATION:

Mon., Tue., Wed.	9:00 am – 4:00 pm	Friday	9:00 am – 5:00 pm
Thursday	9:00 am – 6:00 pm	Saturday	8:30 am – 12:30 pm

Enterprise Bank was founded through the entrepreneurial vision of George L. Duncan in 1989. We are headquartered in Lowell, Massachusetts, with branch locations throughout the Merrimack Valley and North Central regions of Massachusetts, as well as Southern New Hampshire.

For over 25 years, Enterprise Bank has been supporting the financial needs of businesses, professionals, individuals, and communities. Our exceptional team of bankers offers a unique blend of personal service, professional expertise, and a full suite of solutions to meet their unique business and personal banking needs.

As a leading, independent, community-focused bank, we recognize that by working together with our customers, we have a profound impact on the quality

of life and the economic well-being of the communities in our area. At Enterprise Bank, building lasting and positive relationships with our customers is much more important than conducting transactions. Our success is consistently measured by the success of the individuals, businesses, and communities we enthusiastically serve.

Call or visit our Acton or Westford Branch today.

Wendy Baker
Acton Branch Relationship Manager, VP
978-656-5771

Cheryl Serpe
Westford Branch Relationship Manager, VP
978-656-5557

Farm Family - Ludwig Agency ~ Don Ludwig



239 Littleton Road
Suite 5A
Westford, MA 01886
978-703-4166
don@ludwigagency.com
www.ludwigagency.com

HOURS OF OPERATION:

Mon - Fri 8:30 am - 4:30 pm
Sat By Appointment
Sun Closed

Call Us Today
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Your *Local*
INSURANCE
specialists in
Middlesex &
Worcester
Counties, MA



My passion for giving back to the community and strong desire to help families and businesses protect those things that they value most led me to open the Ludwig Agency in 2009, after a successful career in high technology business development. While offering traditional risk management solutions for home, auto, and business is a core part of our model, I really enjoy focusing on helping individuals and business owners secure their family's financial future by creating what we call the three vaults of money. This approach makes sure your family is taken care of should you live too long, become disabled, or die too soon. Life Happens, and we are here to make sure that when it does, you are prepared!

I have an MBA from Babson College and also achieved my LUTCF designation from The American College, signifying my knowledge in Life and Disability Income Protection Insurance solutions. The Ludwig Agency is a member of the Middlesex West Chamber of Commerce and The Massachusetts Farm Bureau Federation, and is a proud supporter of both the Acton-Boxborough and Harvard Farmers Markets. I live in Harvard and serve the town as a member of the Harvard Finance Committee.

**Free, No-obligation,
Professional Insurance Review**

Get in Shape for Women, Acton ~ Sheila Bauer



133 Great Road
Acton, MA 01720
978-929-9449
www.getinshapeforwomen.com

HOURS OF OPERATION:

Mon, Tue, Thur 5:30 am - 8:30 pm
Wed 6:00 am - 8:30 pm
Fri 6:00 am - 8:00 pm
Sat 6:00 am - 12:00 pm
Sun Closed
Closed Monday through Friday from 12:30 pm - 3:00 pm.



I was a client of Get in Shape for Women in Acton before purchasing the studio in 2013. It was the first program that combined my need to both lose weight and exercise. Since becoming the owner (and even when I was a client), I have seen countless women experience the transformation that Get in Shape for Women brings.

There are four main components to our program—nutrition, accountability, strength training, and cardio—that work together for total body transformation. We work with each client individually on their nutrition or weight loss goals

with regular consultations and measurements. Our trainers are all certified personal trainers and work with each client in a small-group setting (up to four women at time) to motivate and make sure that you are working out safely and effectively. In 2013, we were recognized as the #1 Get in Shape for Women studio nationwide.

I encourage anyone to stop by and experience how we help women achieve their goals every day! We have an incredible community of supportive and inspiring women whose goals range from losing weight, to gaining strength, to finding more energy.

See our ad on page 25

Gould's Distinctive Clothing ~ Lester Gould & Marvin Gould



260 Great Road
Acton, MA 01720
978-263-0374
www.gouldsclothing.com

HOURS OF OPERATION:

Mon, Fri	9:30 am - 6:00 pm
Tue, Wed, Thur	9:30 am - 7:00 pm
Sat	9:30 am - 5:30 pm
Sun	12:00 pm - 5:00 pm



Gould's Distinctive Clothing is a family owned specialty clothing store featuring high-quality, brand-name men's and women's merchandise and committed to a level of customer service that department stores or larger chain stores are unable to deliver.

The Gould's stores began with a small outlet store in Clinton, Mass. in 1934 by brothers David and George Gould. They would sometimes come to work on horseback! Currently, we are located on Rte. 2A in Acton, Mass., in a big and beautiful 10,000-square-foot store. Gould's is owned and

operated by George's sons Marvin, Lester, and Spencer. George, 98, still comes to work nearly every morning, but definitely not on horseback.

Gould's offers a full-service tailor shop with a full-time master tailor and seamstress. We offer tailoring service on outside work as well as free tailoring for anything purchased here. Gould's does free gift wrapping all year, and we offer tuxedo sales and rentals. Gould's has an experienced and professional sales staff who make shopping here a pleasurable and productive experience. Shop local and see how rewarding and convenient it can be.

Great Spaces, Inc. ~ Dawn Willis



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MUDROOMS | CLOSETS

25B Stow Road
Boxborough, MA 01719
978-760-0729
dawn@greatspacesinc.com
www.greatspacesinc.com

Flexible appointments available to fit your schedule. Give us a call!



Great Spaces, Inc. is a design, sales, and remodel consulting company specializing in kitchens, baths, mudrooms, and closets. Let us show you how our custom level of service, design skill, and quality products are the keys to turn your space into a Great Space!

Design: Our unique combination of form and function provide you with a well-designed and expertly executed space. We work with spaces big and small, modern or traditional, incorporating inspired functionality.

Quality Products: We offer cabinetry, floor and wall tile, counter tops, plumbing and hardware, and can work within any budget or project schedule.

Project Management: From providing a scope of work to recommending and coordinating sub-contractors, we are there from the initial drawings to the final walk-through.

Home Potential Design Service: Selling your home? Let us show buyers your home's full potential without you having to renovate. We provide a storyboard of design possibilities, with 3-D color images of updated layouts and style alternatives, custom tailored to the specific space, including coordinating product samples, to help buyers see your house as their new home.

Owner/Designer Dawn Willis, AKBD, is a well-respected designer and project manager with over 20 years experience in the building and construction industry.

Green Design Group ~ Lisa Green



120 Commonwealth Avenue
Concord, MA 01742
978-621-0194
www.greendesigngroup.us

HOURS OF OPERATION:

Mon - Tues Evenings, by appointment only
Wed, Thur, Fri 10:00 am - 5:00 pm
Sat 10:00 am - 1:00 pm
Sun Closed

GREEN
Design
GROUP

Our mission is to create beautiful, livable spaces that meet our clients' aesthetic, functional, and economic goals, while respecting the environment.

We meet with you, listen to you, and collaborate with you on your interior design needs. We are creative and resourceful and use these talents to work within your budget. Whether your project is large or small, you get the same amount of accessibility and service.

Our expertise comes from more than 20 years of interior design, remodeling, and materials sourcing and selection. We've developed a deep knowledge

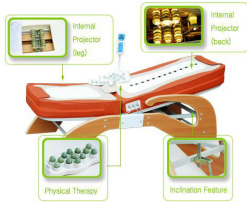
of eco-friendly and sustainable materials that are safe and healthy for your home, office, or child's play spaces.

We invite you to visit us at our wonderful design showroom in West Concord Center during our regular business hours, or to contact us for an appointment.

It is a true privilege to assist in creating the spaces our clients call home. Home is where we often long to be, feel most comfortable, and where one's style is most evident. We take our role seriously, but always find the fun in the process.

*"The perfect space is a delicate balance...it must harness inspiration...
reflect personal style...and yield intriguing functionality."*

Integrated Wellness Center ~ Lesly Perez



274 Great Road
Acton, MA 01720
978-460-2999
farinfraredheattherapy@gmail.com
www.integratedwellnesscenter.org

HOURS OF OPERATION:

We are available by appointment which you can book online or by phone. Also you can email us with questions, concerns, or requests for products and services.



Every human being uses their back to support the weight of their body, which results in tremendous wear and tear affecting the vertebrae, organs, and your body's qi. Without renewal and direct intervention this deteriorating effect will continue. A DEEP TISSUE THERAPEUTIC INFRARED MASSAGE BED uses these five principals: acupressure, acupuncture, chiropractic, massage, and far infrared therapy are all rolled into one to provide you with a deep, relaxing, soothing heat massage, while also giving your spine a soothing stretch plus stimulating the key acupuncture points, blood vessels, and muscles to accelerate and improve blood circulation.

According to Oriental medicine, jade has always been known to have mysterious healing affects. Jade stones massage your body and promote the health of your musculoskeletal system, metabolism, and nervous system and all vital organs of your body. Regular use of a thermal far infrared massage bed will decrease joint stiffness, assist with detoxification, stress reduction, swelling and inflammation, pain relief, alleviate numbness and tingling in extremities, and improve skin tone & beauty as that improved circulation helps promote the production of collagen.

Interpeople Inc. ~ Divorce & Workplace Mediation ~ Dr. Shuneet Thomson



294R Great Road
Littleton, MA 01460
978-486-3338

22 Mill St
Arlington, MA 02476
800-336-0956

drthomson@interpeople-inc.com
www.interpeople-inc.com

HOURS OF OPERATION:

Meetings by appointment only, with a lot of flexibility to suit everyone's schedules.

interpeople inc™
Mediation • Training • Consulting

Divorce and Workplace Mediation

I became a mediator in 1988 while studying for my PhD in conflict resolution at Boston College. I was drawn to mediation as a helping profession—a way to help people disentangle themselves from difficult relational situations. After mediating in the courts for some years, I founded Interpeople Inc. in 1996, offering mediation for families and workplace, with offices in LITTLETON and ARLINGTON, MA.

I have mediated over 1,000 cases altogether, of which about 700 cases were divorce mediations, possibly more than any mediator in Central Mass. In divorce mediation I guide people through all issues

that need to be covered—parenting, support, and the financial aspects. Divorcing the traditional way often drags on for years, costs an arm and a leg, and undermines the parties' relationship even further. In contrast, in divorce mediation people save time, money, and grief, and the children benefit from their parents' collaborative relationship. Note: the tougher the case, the more people stand to benefit from mediation. This applies to the workplace and to business, too. If you are even thinking of going to court, you owe it to yourself to try mediation first. Ask for an information packet and a complementary introductory meeting.

ISS, Inc. ~ Jeff Schwarz



2 Shaker Road, D103
Shirley, MA 01464
978-425-3600
www.issdemand.com

HOURS OF OPERATION:

Mon - Fri 9:00 am - 5:00 pm
Sat, Sun Closed

Special accommodations can be made for rush orders, weekend deliveries, and early or late pickup requests.

ISS®
LOCAL AND DEPENDABLE PRINT SERVICES

Make your business look its best with printing services from ISS.

Your printed material, from business cards to outdoor signs, is a reflection of your business, and we are committed to making your business look its best. We use state-of-the-art digital printing presses, high-quality papers, and offer free proofs to ensure your products look exactly as intended.

Confidently build your brand with help from our exceptional team. At ISS, there is nothing more important than making our customers happy. We prioritize building relationships and providing outstanding customer service to deliver the best

value. When you choose to work with us, you are gaining a partner; we will work with you to understand your project requirements and business objectives to deliver the results you expect.

Increase your productivity and profitability by using ISS for all of your printing and branding needs. We are your single source for graphic design services, printing services, and direct mailing services. Think of ISS when you need business cards, postcards, brochures, letterhead, envelopes, banners, posters, trade show materials, outdoor signs, and more. We are here each step of the way to help your growing business.

Ixtapa Mexican Grill & Cantina ~ Francisco Preciado



103 Nagog Park
Acton, MA 01720
978-429-8251
franciscop@ixtapacantina.com
ixtapacantina.com



HOURS OF OPERATION:

Mon - Thur, Sun 11:00 am - 10:00 pm
Fri, Sat 11:00 am - 11:00 pm

At Ixtapa Mexican Grill & Cantina, you can expect traditional Mexican hospitality with a colorful and family friendly atmosphere, and homemade dishes at low prices. Munch on fresh-made chips and salsa as you peruse Ixtapa Cantina's menu with over 70 authentic Mexican dishes, prepared from family recipes and imported spices, including an authentic Kids' Menu. Bringing the best of old Mexico's recipes from their kitchen to your table, each dish at Ixtapa Cantina is a unique creation,

full of the flavors of their native home in the Guadalajara region of Mexico. Ixtapa Cantina also boasts homemade margaritas and other specialty cocktails, as well as a variety of non-alcoholic beverages. The restaurant offers plenty of space for large groups, as well as more intimate settings, and a full bar with HD TVs for entertainment. We welcome you to join us for lunch or dinner, with both dine-in and takeout available.

Levine-Piro Law ~ Melissa Levine-Piro, Esq.



63 Great Road, Suite 101
Maynard, MA 01754
978-637-2048
www.levinepirolaw.com

HOURS OF OPERATION:

Mon - Fri 8:30 am - 5:30 pm
Sat, Sun By Appointment



LEVINE-PIRO
LAW

With offices located in Maynard and downtown Boston, Levine-Piro Law is dedicated to providing exceptional legal services at affordable prices. Levine-Piro Law offers services in the areas of Family and Divorce Law (including limited assistance representation); Mediation; Wills and Estate Planning; Business Law, General Civil Litigation, and Special Education Law and Advocacy.

Levine-Piro Law is committed to providing representation that is accessible, compassionate, and easy to understand.

Levine-Piro Law is active in the local community and strives to build lasting relationships with the local businesses and organizations, as well as with each individual client.

Levine-Piro Law returns all phone calls and emails within 24 hours of receipt and makes an ongoing effort to meet with clients when clients are available, even if that means staying late or coming in on the weekends for appointments.

Please call the office at 978-637-2048 to set up a free, 30-minute consultation.

Margo's Hair Design & Margo's Too ~ Peggy Nazzaro



253 Arlington Street
Acton, MA 01720
978-263-7836
www.margosdesign.com

HOURS OF OPERATION:

Mon, Sat	8:30 am - 4:30 pm
Tue, Fri	8:30 am - 7:00 pm
Wed, Thur	8:30 am - 8:00 pm
Sun	Closed



Margo's Hair & Body Design, located in West Acton and owned and operated by Peggy Nazzaro, has been in business for over 33 years! Our remarkable clientele and our team of talented stylists are the reason behind our being voted #1 Salon in Acton for hair &/or nails for the past eight years. We are committed to our clients and to our profession and because of that we continue to keep up to date with the latest styles, coloring techniques, and trends.

We are a full-service salon offering everything for your hair care needs including cuts, colors, highlights, perms, smoothing systems & formal finishing, as well as manicures, pedicures, gel

nails, and waxing. We offer many lines of products, including certified organic and plant-based lines.

Margo's Too Wig Salon has its own private area inside Margo's Hair Design. We carry a variety of wigs and accessories and provide you with one-on-one personal service by Peggy, who has many years of experience and training in the hair loss field.

Margo's Too Boutique, also located in the salon, is a fun, affordable place to shop for jewelry, scarves, bags, and much more.

**20% OFF Any Single Service
For new clients only.**

Middlesex Savings Bank ~ Patricia Chisholm



291 Main Street
Acton, MA 01720
978-263-7751
www.middlesexbank.com

HOURS OF OPERATION:

Mon - Wed, Fri	8:30 am - 5:00 pm
Thur	8:30 am - 6:30 pm
Sat	9:00 am - 1:00 pm
Sun	Closed

Our drive-up opens Monday through Friday at 8:00 am.



Middlesex Savings Bank, with assets of over \$4 billion, 29 branches, and five business-lending centers, is one of the largest and strongest banks in Massachusetts. We are also a mutual form of institution, that is, one without stockholders. We cannot be acquired and are firmly committed to remaining independent.

We offer a full range of products and services to meet the financial needs of consumers and businesses. This includes various checking, savings, loan, and investment products for individuals and households, as well as commercial checking and savings, cash management, commercial loans

and mortgages, and lines of credit for small and medium-sized businesses. In addition, we offer convenient access to your accounts through our branch network, online banking, telephone banking, and thousands of ATMs—our own, as well as through the Allpoint ATM network.

We are more than products and facilities, though. We focus on providing personal attention and excellent service to all of our customers.

Finally, with roots dating back over 175 years, Middlesex Savings Bank is very much a community-oriented bank. Our employees live and are actively involved in the communities we serve.

Middlesex West Chamber of Commerce ~ Sarah Fletcher - Executive Director



179 Great Road
Suite 104B
Acton, MA 01720
978-263-0010
sfletcher@mwccoc.com
www.mwccoc.com



Read our letter on page 4

Our mission is to strengthen our communities by voicing support for and advocating the promotion of business. The MWCoC is a 501(c)6 non-profit organization.

Serving the communities of Acton, Boxborough, Carlisle, Concord, Littleton, Maynard, Stow, and Westford with over 350 members from 30 towns, we are a vibrant organization offering over 60 programs and events throughout the year.

There are so many ways to benefit and maximize your membership: monthly networking, business education, referral groups, hosting and

presenting opportunities, use the conference room for a meeting, and in the coming year we'll be introducing our own area Restaurant Week, Shop Small Saturday Launch Party, and continuing great annual events such as the 5K Dash 'n Bash, Holiday Shopping Showcase, and Awards Dinner.

We've all heard: "People do business with people they know, like, and trust"; come out to a networking event and meet a few new people—it's good for business!

Minute Man Arc ~ Jean Goldsberry, Executive Director



1269 Main Street
Concord, MA 01742
978-287-7900
www.minutemanarc.org

HOURS OF OPERATION:

Mon - Fri 8:00 am - 4:30 pm
Sat, Sun Closed



Minute Man Arc is a lifespan agency for people with developmental disabilities. We are committed to enhancing inclusion in the community, maximizing personal choice and decision making, and supporting people to achieve full potential in all areas of life.

The agency assists more than 500 individuals each year through a variety of supports such as physical/occupational therapy, socialization, physical fitness, life skills training, vocational services and more. Participants come to Minute Man Arc from Acton, Bedford, Boxborough, Carlisle, Concord, Lincoln, Littleton, Maynard,

Stow, and the surrounding communities.

We offer a wide range of programs and services including **Early Intervention** for young children from birth to age three; **Family Services & Recreation** for teens and adults; and programming in **Employment Services, Day Habilitation, and Residential Services** for adults. Living choices for our Residential participants include nine community group homes as well as **Adult Foster Care, Shared Living, and Independent Living** arrangements with support from Minute Man Arc.

Nashoba Valley Auto School LLC ~ Brian Hogan



2 Park Drive, Suite 3
Westford, MA 01886
978-692-2244
info@nashobavalleyautoschool.com
www.nashobavalleyautoschool.com



#1 Auto School Around!

Nashoba Valley Auto School is a Division of the Massachusetts Auto School. We provide affordable Drivers Education to the entire Nashoba Valley community.

We offer a variety of different classroom options and online scheduling for driving lessons to fit your busy schedule. And no more waiting at the RMV. Take your license test right in town, even on a Saturday!

Our Full Program* includes:

- 30 Hours of classroom education
 - 12 hours of road lessons (we pick you up and drop off)
 - 6 hours of observation
 - Drivers Ed Certificate Processing Fee
 - 2 hr. Parent Class
- Please Register online at www.nashobavalleyautoschool.com or by calling 978-692-2244.

*Ask about our special discounted rate.

NorthBridge Insurance Agency, Inc. ~ Carol F. Wilson, President



1150 Main Street
Concord, MA 01742
978-369-5656
cwilson@northbridgeins.com
www.northbridgeins.com

HOURS OF OPERATION:
Open Monday through Friday
9 am - 5 pm, and for your
convenience before or after hours
by appointment.



Welcome to NorthBridge Insurance, located in West Concord and providing insurance products since 1997.

We know insurance, and our team of professionals are licensed and focused on service. We offer a full range of insurance products to protect individuals and families as well as corporate clients and businesses of every shape and size.

Our goal is to provide you with the best services available, and we have been careful to partner with strong insurance companies that offer products, technology, and services that meet our high standards.

We are members of many professional groups, each helping us to keep in touch with the changing needs of our clients. Some of these organizations include:

- Concord Business Partnership
- Concord Chamber of Commerce
- Massachusetts Association of Independent Agents
- Middlesex West Chamber of Commerce
- Society of Certified Insurance Counselors

NorthBridge has been a Reader's Choice Award winner for the past six years, and we are very proud of our reputation for careful attention and thoughtful service. We were honored when Carol Wilson was selected as the Chamber's Business Person of the Year in 2010.

We invite you to contact us and together we will develop an insurance program that is right for you. Thank you.

Northeast Numismatics ~ Tom Caldwell



10 Concord Crossing, Suite 220
Concord, MA 01742
800-449-2646
info@northeastcoin.com
www.northeastcoin.com

HOURS OF OPERATION:

Mon - Fri By Appointment
Sat, Sun Closed
2015 is our 51st year in business



Owner and President Tom Caldwell started his coin business in Littleton back in 1964 with this as his maxim: Rare Coins - Personal Service. Tom moved the business to Concord in 1980 and has continued to offer the finest coins while growing the business to a locally, nationally, and internationally well-respected numismatic firm.

Tom and other members of the firm frequently travel to coin shows and auctions around the world to buy and sell coins. Our entire inventory is listed on our website at www.northeastcoin.com, where we have nearly 5,000 U.S. and world coins. Dealers and

collectors alike visit our site, which is updated daily.

Northeast is always looking to purchase individual rarities or entire collections of coins. We work with banks, attorneys, and individuals in regards to estate valuations of coins. And now we would like to offer the chance for local residents to get a complimentary expert coin appraisal of their collection. Please contact us to set up an appointment.

We invite you to see for yourself that Rare Coins - Personal Service is what Northeast is known for.

Northern Bank



Acton, Littleton, Westford and Chelmsford
800-273-6908
www.nbtc.com

HOURS OF OPERATION:

Mon - Wed 8:30 am - 4:30 pm
Thur 8:30 am - 7:00 pm
Fri 8:30 am - 6:00 pm
Sat 8:30 am - 12:00 pm
Sun Closed



For the last four years, Northern Bank has been ranked the #1 Community Bank in New England and we have received a five star Safe and Sound rating from Bankrate. In 2010, we celebrated 50 years of proud service. We have grown out of humble beginnings into a comprehensive financial network with 12 office locations throughout Middlesex county. Our

expertise lies in providing loans and lines of credits to small and large businesses, cash management services, and online/mobile banking technology. Throughout the years we have been able to maintain our independence and earned a solid reputation as "Neighbors you can bank on."

Member FDIC

Premier Medical Weight Loss Center, LLC ~ Theresa Piotrowski M.D.



676 Elm Street Suite 200
Concord, MA 01742
978-369-7600
www.premiermedicalweightlosscenter.com

HOURS OF OPERATION:

Mon, Wed 9:00 am - 4:30 pm
Tue, Thur, Fri, Sun Closed
Sat 9:00 am - 12:00 pm
All Hours by Appointment



Premier Medical Weight Loss Center specializes in weight loss and maintenance, specifically treating the "emotional" side of eating. Dr. Piotrowski has over 25 years of experience in treating patients. Working in association with Premier Medical Weight Loss Center is Joseph Zucchi, owner of JPZ Fitness. He is an ACE-Certified Personal Trainer and fitness and nutritional advisor offering in-person consultations to help transform your body and achieve your fitness goals.

Theresa Piotrowski M.D., certified by the American Board of Obesity Medicine, states, "The cornerstone of Premier Medical Weight Loss Center's success is our belief in personalized attention. We are here to help people

recognize and change their behaviors and address the emotional side of eating. We will continue our efforts in assisting those seeking the journey of weight loss and maintenance while remaining committed to providing a personal touch and cultivating strong relationships with our patients."

For more information regarding Premier Medical Weight Loss Center, please call 978-369-7600 or visit their website at www.premiermedicalweightlosscenter.com.

For more information about JPZ Fitness, please call 978-4191-JPZ or visit www.jpzfitness.com

Premier Medical Weight Loss Center and JPZ Fitness are located at 676 Elm St, Suite 200, in Concord, MA 01742.

Star Custom Framers ~ Steve Ziegler



117 Great Road, Suite 11A
Stow Shopping Center
Stow, MA 01775
978-461-2155
info@starcustomframers.com
www.starcustomframers.com

HOURS OF OPERATION:

Tue, Wed, Fri 10:00 am - 6:00 pm
Thur 10:00 am - 7:00 pm
Sat 10:00 am - 4:00 pm
Mon, Sun Closed



I bought Star Custom Framers in the spring of 2005, desiring to have my own company and to utilize my extensive retail/wholesale experience gained in 30+ years in the footwear industry. As I searched various options of potential businesses, I knew for certain that I wanted to continue the creativity I so enjoyed in designing shoes. I have thoroughly enjoyed the experience of serving the wonderful people that frequent our center as well as being a good neighbor through our support of the many fine local organizations that surround the Stow area. I feel that our strong sense of community involvement and our active

membership in the Middlesex West Chamber of Commerce have been vital to our success in growing our business.

What's special about our shop is our passion for continuously learning the craft as well as the science of Conservation Custom Picture Framing. All work is handcrafted in our shop and comes with an unconditional guarantee for our clients' satisfaction. This attitude has helped us maintain an A+ rating from the Better Business Bureau over the last nine years that we have been members. We live by our motto "We Specialize in Quality, Service & Design."

Strawberry Hill Co. ~ Tom Keane



Strawberry Hill Company

19 Spruce Street
Acton, MA 01720
978-265-4992
strawberryhillcompany@comcast.net



Serving Action, Boxboro and Concord, Strawberry Hill Landscaping has been in business for over 20 years and has grown into one of the premier resources for condominium grounds care and residential landscape improvements.

- * Condominium Landscaping, Snow Plowing, and Contract Supervision
- * Residential Property Landscaping Improvements
- * Patio and Walkway Design and Installation

TD Bank ~ Joseph Badenhoff



408 Massachusetts Avenue
Acton, MA 01720
978-263-7061
www.tdbank.com

HOURS OF OPERATION:

Mon, Tue, Wed	8:00 am - 6:00 pm
Thur, Fri	8:00 am - 7:00 pm
Sat	8:00 am - 2:00 pm
Sun	11:00 am - 3:00 pm



TD Bank, America's Most Convenient Bank, is one of the 10 largest banks in the U.S., providing nearly 8 million customers with a full range of retail, small business, and commercial banking products and services at more than 1,300 convenient locations. To learn more, visit www.tdbank.com.

TD Bank offers value and convenience for our customers. We use logically matched services to help our customers achieve their financial goals, ranging from personal and business checking and savings to mortgage and loan offerings. It is our mission to create an accurate and ethical financial relationship based on individual banking necessities.

TD Bank in Acton, MA was first opened in May

of 2012, and has worked to become a strong and contributing member of the community. The Acton TD team is dedicated to creating WOW customer service experiences. It is an important focus for every member of the team to provide great customer service, and we truly enjoy providing for customers' needs and goals as well as those of our local communities.

Joseph Badenhoff, manager, has been with TD Bank since 2011 and a member of the Acton team since 2012. Joseph prides himself on working with dedication and energy to provide true value to his team, community, and customers.

The Discovery Museums



177 Main Street
Acton, MA 01720
978-264-4200
www.discoverymuseums.org



HOURS OF OPERATION:

Closed Mondays during the school year and open seven days a week during the summer. Hours are different for each building. See our website for details.
<http://discoverymuseums.org/visitor-information/hours-admission>

Two great museums—for one admission price—blend the best of STEAM (Science, Technology, Engineering, Art, and Math) learning and intentional play on a beautiful 4.5-acre campus in Acton.

Children's Discovery Museum, Ages 0-6

Little ones can wander from room to room in this historic Victorian-style house, where each room offers a different theme and surprises are around every corner. With three floors of hands-on, interactive exhibits based on trains, water, the outdoors, air, balls and ramps, and more, imaginations are free to grow.

Science Discovery Museum, All Ages

Children use their natural curiosity to explore the

ordinary in extraordinary ways. Using their senses and critical thinking skills, visitors explore physical science, music, art, math, technology, and engineering concepts in an inviting, hands-on, interactive environment.

We offer more than 400 hands-on, staff-led activities each year, ranging from story time to Make-A-Mess to NanoDays to a full week of fun in the worlds of Fairyborough or Dirtopia. And our outdoor exhibits are a starting point to more than two miles of hiking trails that about our campus.

Learn more and join our email list at www.discoverymuseums.org or "like" us on Facebook and follow us on Twitter.

The Healing Point ~ Cynthia McMahon King, LAcRPh



270 Littleton Road, Suite 29
Westford, MA 01886
978-392-8898
www.thehealingpoint.us

HOURS OF OPERATION:

Mon, Wed	8:00 am - 6:30 pm
Tue, Fri	By Appointment
Thur	9:00 am - 6:30 pm
Sat, Sun	Closed



Cynthia McMahon King is a licensed acupuncturist, and a graduate of the New England School of Acupuncture where she earned a Masters in Acupuncture, which included studies of both acupuncture and herbology. Cynthia is certified by the board of examiners of the National Commission for the Certification of Acupuncturists, and licensed with the Massachusetts Board of Registration in Medicine. She is president emeritus of the Massachusetts Association of Acupuncture and Oriental Medicine and presently vice president of the Acupuncture and Oriental Medicine Society of Massachusetts. Cynthia studied homeopathy through the New England School of Homeopathy as well as extended programs and seminars with

distinguished homeopaths throughout the world.

Cynthia has been practicing Chinese medicine for over two decades. She is a certified practitioner of NAET, Dr. Devi Nambudripad's Allergy Elimination Technique, eliminating food, chemical, and environmental allergies.

Cynthia is also a registered pharmacist and holds a B.S. in Pharmacy from the Massachusetts College of Pharmacy in Boston, where she has since lectured on Chinese herbology.

Cynthia is an avid cyclist, skier, and mother of three. She is in private practice at The Healing Point in Westford and staff acupuncturist at Emerson Hospital in Concord.

Visiting Angels - Home Care Services ~ Karen & Tony Rivero



498 Great Road
Acton, MA 01720
978-263-1212
acton@visitingangels.com
www.visitingangels.com/acton



HOURS OF OPERATION:

Mon - Fri 9:00 am - 4:30 pm
Sat, Sun Closed

We provide peace of mind for clients and families.

Visiting Angels home care was started by our founders in the 1990s and is now throughout the United States and several other countries. The first office in Massachusetts opened 15 years ago, and there are now 15 offices in the state. Karen and Tony Rivero of Acton found Visiting Angels when they were looking for care for Karen's parents, and opened the current office in 2007. Visiting Angels provides private duty services for seniors and adults in the comfort of their own home. Our personalized non-medical services include personal hygiene care,

medication reminders, homemaking (meals, laundry, light housekeeping, and shopping), and companionship by certified home health aides or nurse assistants. Our caregiver employees are screened and bonded, and supervised by our Registered Nurse. Our local agency is licensed, insured, and accredited, and serves towns from Lexington to Lancaster, Tyngsborough to Stow. Our goal is to build relationships with our clients and their families. Complimentary in-home safety and fall evaluations provided.

WestfordCAT ~ Lauren Horton



487 Groton Road, Suite B
Westford, MA 01886
978-692-7152
www.westfordcat.org



Comcast 8
Verizon 35



Comcast 99
Verizon 33



Comcast 9
Verizon 34

At WestfordCAT, we're more than just television. We see ourselves as community journalists, because most of our programming comes from people that live and work in our community. We're here to keep the "local" in the programs viewers watch.

We're similar to your local library. When you join either organization, you learn something, except we lend out cameras while they lend out books. At WestfordCAT, what you learn is how to record and edit great video. And when you're done, we share your video on our local channels, on our website, and on YouTube.

We have camera kits that members can reserve

and check out. You can also reserve studio time and even take advantage of our state-of-the-art green screen technology. And we offer training classes and professional assistance to help you make DIY video programs.

As a non-profit organization, we manage the public, education, and government (PEG) channels on both Comcast and Verizon networks for the town of Westford.

Our goal is to offer the best training and services so that more people will create programs and share them with their neighbors. Call or stop by for a tour and become a member today!

MIDDLESEX WEST CHAMBER MEMBER DIRECTORY

Unless indicated otherwise, all towns are Acton, MA 01720

ACCOUNTING / CPAS

Brad M. Capland, CPA
2250 Main Street
Concord, MA 01742
978-371-8000
www.bradcapland.com

Coughlin, Sheff & Associates, P.C. (see pg. 9)
125 Nagog Park
978-263-3777
www.csa-pc.com

JA Wilson and Associates
37 Shaker Lane
Littleton, MA 01460
508-932-6499

KAC's Accounting Services
4 Mount Pleasant Street
Billerica, MA 01862
978-262-9814

Kristin M. Cressman, CPA, MST
PO Box 1234
Westford, MA 01886
978-265-0463

Midge Belcourt, CPA
201 Great Road Suite 302
978-263-0212
www.belcourtpca.com

Nicolas E. DiDonato, CPA
1 Country Lane
Maynard, MA 01754

Sechrest & Bloom, LLC
526 Main Street, Suite 301
978-263-7771
www.sechrestcpa.com

ARCHITECTS / INTERIOR DESIGN

EAV Inc.
218 Littleton County Road
Harvard, MA 01451
978-501-9007
www.linkedin.com/pub/peter-deng/1/2a8/604

Elza B. Design, Inc
100 Powdermill Rd, Suite 229
781-859-7817
www.elzabdesign.com

Green Design Group (see pg. 29)
120 Commonwealth Avenue
Concord, MA 01742
978-621-0194
www.greendesigngroup.us

New England Fine Living
116 Spectacle Pond Road
Littleton, MA 01460
978-239-5229
www.neflhome.com

Schweppe Lighting Design, Inc.
336 Baker Avenue 2nd Floor Suite 1
Concord, MA 01742
978-371-2831
www.Lightandhue.com

ART / FRAMING / PHOTOGRAPHY

Catherine Meeks Fine Art & Design
65 Nashoba Road
978-263-5341
catherinemEEKS.blogspot.com

one27 Photography
106 Hayward Road
www.one27photo.com

Powers Gallery & Fine Framing
144 Great Road
978-263-5105
www.powersgallery.com

Resident Artist Studio
438 Hill Road
Boxborough, MA 01719
978-635-9162
www.eyepalusa.com

Star Custom Framers (see pg. 36)
117 Great Road, Suite 11A
Stow Shopping Center
Stow, MA 01775
978-461-2155
www.starcustomframers.com

Sunlight Photography
9 Overlook Drive
508-982-7744
www.sunlightphotography.net

ATTORNEYS / LEGAL SERVICES

Affordable Law Group
100 State Street, Suite 900
Boston, MA 02109
617-971-8295
affordablelawma.com

Balas, Alphen & Santos
200 Littleton Road
Westford, MA 01886
978-250-9303
www.balasalphensantos.com

Bay State Elder Law, P.C.
(see pgs. 9,17)
179 Great Road, Suite 109
Acton, MA 01720
978-263-0006

111 Boston Post Road, Suite 101
Sudbury, MA 01776
978-579-3030
www.baystateelderlaw.com

Caprara Law
179 Great Road, Suite 212
617-999-9859
www.caprara-law.com

Clock Tower Law Group
2 Clock Tower Place, Suite 255
Maynard, MA 01754
978-823-0008
www.cloctowerlaw.com

Eckel, Morgan & O'Connor LLC
(see pgs. 23,25)
201 Great Road, Suite 303
978-266-0101
www.eckel-law.com

Feakes Associates
179 Great Road, Suite 208
978-263-6900
www.feakeslaw.com

Gould Law Offices
311 Great Road
Littleton, MA 01460
978-486-9566

Harsip & Stuart, P.C. (see pg. 14)
289 Great Road
978-264-0250
www.harsip-stuart.com

Jackson Lewis P.C.
75 Park Plaza
Boston, MA 02116
617-305-1223
www.jacksonlewis.com/locations.php?OfficeID=9

Law Office of Richard Mandel, Esq
210 Union Warf
Boston, MA 02109
617-720-4300
www.okdlip.com

Levine-Piro Law (see pg. 31)
63 Great Road, Suite 101
Maynard, MA 01754
978-637-2048
www.levinepirolaw.com

Levitt Law Group (see pg. 2)
4 Meeting House Road., Suite 3
Chelmsford, MA 01824
978-458-5550
www.levittlawgroup

Rafanelli & Kittredge, PC
1 Keefe Road
978-369-6001
www.rkpclaw.com

Scheier, Katin & Epstein, P.C.
103 Great Road - Wetherbee House
978-264-4655
www.skactonlaw.com

Wilson & Orcutt, P.C.
201 Great Road
978-264-4770
www.wilsonorcutt.com

AUTOMOTIVE

Acton Ford, Inc.
76 Powdermill Road
978-897-7000
www.actonford.com

Acton Toyota of Littleton
221 Great Road
Littleton, MA 01460
978-263-1500
www.actontoyota.com

Boch Honda West
299 Littleton Road
Westford, MA 01886
978-589-4201
www.bochhondawest.com

Midas Auto Service (see pg. 2)
125 Great Road
978-263-4611
www.midas.com

Quick Lane, Tire and Auto Center
60 Powdermill Road
978-897-3000
www.quicklaneofacton.com

Village European
50 Concord Turnpike
Concord, MA 01742
978-369-4700
www.villageeuropean.com

BAKERY & GENERAL STORE

Concord Teacakes (see pgs. 11,22)
59 Commonwealth Avenue
Concord, MA 01742
978-369-7644
www.concordteacakes.com

MIDDLESEX WEST CHAMBER MEMBER DIRECTORY

Unless indicated otherwise, all towns are Acton, MA 01720

Cookie Lady Treats
22 Howard Road
Maynard, MA 01754
978-298-5754
www.cookieladytreats.com

Dancing Deer Baking Co.
65 Sprague Street
Boston, MA 02136
617-442-7300 x240
www.dancingdeer.com

Dunkin' Donuts
P.O. Box 2767
978-263-6960
www.dunkindonuts.com

Ferns Country Store
P.O. Box 31, Carlisle, MA 01741
978-369-0200
www.FernsCountryStore.com

Idylwilde Farm, Inc.
366 Central Street
978-263-5943
www.idylwildefarm.com

Kimball Farm
400 Littleton Road
Westford, MA 01886
978-486-3891
www.kimballfarm.com

BANKS / MORTGAGES

Cambridge Savings Bank (see pg. 21)
145 Great Road
617-575-8514
www.cambridgesavings.com

Digital Federal Credit Union
255 Great Road
Littleton, MA 01460
978-486-6394
www.dcu.com

Enterprise Bank (see pg. 26)
340 Great Road
Acton, MA 01720
237 Littleton Road
Westford, MA 01886
www.EnterpriseBanking.com

Middlesex Savings Bank (see pg. 32)
291 Main Street
978-263-7751
www.middlesexbank.com

Mortgage Network, Inc (Deborah Bodnar)
239 Littleton Road, #8
Westford, MA 01886
978-399-1328
www.yourhomeloanconsultant.com

Mortgage Network, Inc (Tom Popson)
239 Littleton Road
Westford, MA 01886
978-399-1341
www.tompopson.com

Northern Bank (see pgs. 2, 35)
Middlesex West office locations: Acton,
Littleton, Westford and Chelmsford
800-273-6908
www.nbt.com

TD Bank (see pg. 37)
408 Massachusetts Avenue
978-263-7061
www.tdbank.com

Workers' Credit Union (see pg. 48)
452 Great Road
978-264-4526
www.workerscu.com

BUSINESS SERVICES / STAFFING AGENCY

AG Jennings LLC
128 Belknap Street
Concord, MA 01742
978-369-2157
AGJennings.com

Alpha Business Group (see pg. 13)
4 Cricket Way
978-263-4828
www.alphabizgroup.com

Beacon West Placement, Inc.
(see pg. 18)
566 Massachusetts Avenue
978-264-2088
www.beaconwestplacement.com

Capstone Practice Systems, Inc.
193 Bolton Road
Harvard, MA 01451
978-456-3424
www.capstonepractice.com

Carpenter Associates
270 Littleton Road Suite 19
Westford, MA 01886
978-577-6025
www.carpenterassociates.com

Checknowledgy, LLC
P.O. Box 4016
Westford, MA 01886
978-692-4930
www.checknowledgy.com

Clarity Advantage Corp.
P.O. Box 1429
Concord, MA 01742
978-369-4755
www.clarityadvantage.com

Emerge
P.O. Box 1001
Littleton, MA 01460
978-952-6984
www.emergewithcoaching.com

FMR Career Advisory Group
20 Old Village Road
978-407-0919

Hutchinson Consulting
46 Revolutionary Road
Concord, MA 01742
978-505-8755
www.prhutchinson.com

mPower Advisors
14 Evergreen Road
978-206-1529
www.mpoweradvisors.com

Strategic Market Insight
56 Flint Road
978-429-8744
www.strategicmarketinsightllc.com

Swanson Writing Services
3 Equestrian Lane
Westford, MA 01886
978-589-9593
www.swansonwriting.com

The Guidance Counselor for Grown Ups
70 Patten Road
Westford, MA 01886
732-672-1134
GuidanceCounselorforGrownUps.com

The Tax Translator
70 Patton Road
Westford, MA 01886
732-853-4721
www.thetaxtranslator.com

Vinmark Group Inc.
82 Russells Way
Westford, MA 01886
617-953-0500
www.vinmarkgroup.com

CHILD CARE

Boxboro Children Center
723 Massachusetts Avenue
Boxborough, MA 01719
978-263-9803
boxborochildrencenter.com

Goddard School
162 Concord Road
Westford, MA 01886
978-692-3531
www.goddardschool.com

The Learning Experience
130A Baker Avenue Ext
Concord, MA 01742
978-341-0001
concord.thechildcare.com

CHIROPRACTIC

Acton Chiropractic & Rehabilitation, Inc.
468 Great Road
978-263-5592
www.actonchiropractic.com

Assabet Valley Chiropractic and Physical Therapy
1 Pleasant Street
Maynard, MA 01754
978-897-8276

Barron Chiropractic & Wellness Center
83 Great Road
978-266-9286
www.barronchiro.com

Deans Family Chiropractic - HealthSource of Littleton (see pg. 9)
256 Great Road
Littleton, MA 01460
978-486-9531
www.deans-family-chiropractic.com

Stow Family Chiropractic
118 Great Road
Stow, MA 01775
978-897-1770
www.stowfamilychiropractic.com

Vitality of Concord
81 Commonwealth Avenue
Concord, MA 01742
978-287-9546

CLOTHING STORES

Gould's Distinctive Clothing (see pg. 28)
260 Great Road
978-263-0374
www.gouldscllothing.com

MIDDLESEX WEST CHAMBER MEMBER DIRECTORY

Unless indicated otherwise, all towns are Acton, MA 01720

Jo Karen Fine Lingerie

340 Great Road
978-263-1330
JoKaren.com

COIN DEALER

Northeast Numismatics (see pg. 35)

10 Concord Crossing, Suite 220
Concord, MA 01742
800-449-2646
www.northeastcoin.com

COMPUTER & IT SERVICES

Concord Computer Consulting, Inc.

25 Commonwealth Avenue
Concord, MA 01742
978-369-2495
www.concordpcdirect.com

Ekaru, LLC

319 Littleton Road, Suite 105
Westford, MA 01886
978-692-4200
www.ekaru.com

eMax IT Services

11 Scott Road
Littleton, MA 01460
978-203-6341
www.emaxitservices.com

CONTRACTORS / PLUMBING / ELECTRIC

Acton Handyman, LLC (see pgs. 16,24)

376 Old Beaverbrook
978-844-6359
www.actonhandyman.com

Gagnon Construction

34 Bridge Street
Chelmsford, MA 01824
978-835-3646
www.GagnonConstruction.com

Joseph G. Perry Plumbing & Heating

29 Homestead Street
978-263-5595
www.joeperryplumbing.com

M E F Contracting

545 Newtown Road
Littleton, MA 01460
508-826-3084

Mark Roth Electrical Services

15 Old Village Road
978-263-2834

Northern Outdoor Lighting LLC

14 Bixby Lane
Westford, MA 01886
978-987-9845

P-S Berube Construction Design-Build

(see back cover)
123 Pierce Road
Townsend, MA 01469
978-597-2020
www.psberubeconst.com

Patrick A. Gallagher, Contractor

25 Keefe Road
978-369-4022

Thomas Buckborough & Associates

358 Great Road
978-263-3850
www.tbadesigns.com

COUNSELING

ABA Therapist, Sally Femino

65 Mt. Lebanon Street
Pepperell, MA 01463
339-927-7102

Dana Snyder-Grant, LICSW

18 Half Moon Hill
978-266-9409
www.snyder-grant.org/dana

Healing Connections

254 Littleton Road
Westford, MA 01886
978-392-5998

DENTAL

Courtney Lavigne Dentistry

109 Andrew Avenue
Wayland, MA 01778
508-358-2122
www.courtneylavigne.com

Emerson Dental, PC (see pg. 23)

133 Littleton Road, Suite 203
Westford, MA 01886
978-399-0017
www.emerson-dental.com

North Acton Dental

255 Great Road
978-266-1614
www.northactondental.com

Office of Gilbert E. Carley, D.M.D.

Acton Dental Building
418 Mass Avenue
978-263-3971
drgilcarley.com

DIVORCE & WORKPLACE MEDIATION

Interpeople, Inc. ~ Divorce & Workplace Mediation (see pg. 30)

294R Great Road
Littleton, MA 01460
978-486-3338
www.interpeople-inc.com

DRIVING SCHOOL

Nashoba Valley Auto School LLC

(see pg. 34)
2 Park Drive, Suite 3
Westford, MA 01886
978-692-2244
www.nashobavalleyautoschool.com

EDUCATIONAL SERVICES

Acton Montessori School-The Children's House

537 Mass Avenue
978-263-4333
www.ActonMontessori.com

Acton-Boxborough Regional Schools

16 Charter Road
978-264-4700
www.ab.mec.edu

Eye Level Learning Center

5 Cornerstone Square
Westford, MA 01886
978-496-1524
myeyelevel.com/America

Oak Meadow School

2 Old Pickard Lane
Littleton, MA 01460
978-486-9874

Open Door Test Prep

492 Main Street
978-505-8948
www.OpenDoorTestPrep.com

Research for Better Teaching

One Acton Place
978-263-9449
www.rbteach.com

Roudenbush Community Center

65 Main Street
Westford, MA 01886
978-692-5511
www.roudenbush.org

ENVIRONMENTAL CONSULTING

altE

330 Codman Hill Road
Boxborough, MA 01719
877-878-4060
www.altestore.com/store

FS Engineers, Inc.

Two Clock Tower Place
Suite 630
Maynard, MA 01754
978-298-5956
www.fsengrs.com

Geocomp Corporation

125 Nagog Road
978-635-0012
www.geocomp.com

Vivint Solar

53 Brigham Street #6
Marlborough, MA 01752
508-517-6642
www.vivintsolar.com

FITNESS / SPORTS / RECREATION

Achieve Taekwondo (see pg. 15)

364 Littleton Road
Westford, MA 01886
978-399-0330
www.achievetatekwondo.com

Active Life Physical Therapy

7 Littleton Road Unit G
Westford, MA 01886
978-501-0445
www.ptactivelife.com

Acton Recreation Dept

(see pg. 3)
472 Main Street
978-929-6640
www.acton-ma.gov/recreation

Anytime Fitness

100 Powder Mill Road
978-461-2800
www.anytimefitness.com/gyms/3511/
acton-ma-01720

Colonial Figure Skating Club

34 Mass Avenue
978-263-3450
www.colonialfsc.com

CrossFit110

290 Littleton Road
Chelmsford, MA 01824
617-835-6930

MIDDLESEX WEST CHAMBER MEMBER DIRECTORY

Unless indicated otherwise, all towns are Acton, MA 01720

Fitting Fitness Inc
629 Mass Avenue
Boxborough, MA 01719
978-502-8781
www.FittingFitnessIn.com

Get in Shape for Women, Acton
(see pgs. 25,27)
133 Great Road
978-929-9449
www.getinshapeforwomen.com

Get in Shape for Women, Westford
2 Bennett Road
Westford, MA 01886
978-589-0927
www.getinshapeforwomen.com

New England Extreme Training
152 commonwealth Avenue
Concord, MA 01742
774-200-9532
www.facebook.com/
NewEnglandExtremeTraining

Pro Sports Therapy, Inc
334 Littleton Road
Westford, MA 01886
978-392-0483
www.prosportstherapy.net

Stow Acres Country Club
58 Randall Road
Stow, MA 01775
978-568-1100
www.stowacres.com

The Thoreau Club (see pg. 3)
275 Forest Ridge Rd
Concord, MA 01742
978-831-1212
www.thoreau.com

Westford Racquet & Fitness Club
4 Littleton Road
Westford, MA 01886
978-692-7597
www.westfordracquetandfitness.com

Westford Regency Health Club
219 Littleton Road
Westford, MA 01886
978-692-8200
www.westfordregency.com

FLORIST

Concord Flower Shop
135 Commonwealth Avenue
Concord, MA 01742
978-369-2404
www.concordflowershop.com

Copper Penny Flowers
89 Main Street
Concord, MA 01742
978-369-4500
www.copperpennyflowers.com

FUNERAL SERVICES

Acton Funeral Home
P.O. Box 882
978-263-5333
www.actonfuneralhome.com

Acton Monument Co., Inc.
789 Main Street
PO Box 2349
978-263-5205
www.actonmonument.com

HEALTH & ELDER CARE

Acton Medical Associates, PC
321 Main Street
978-263-1425
www.actonmedical.com

Benchmark Senior Living at Robbins Brook (see pg. 18)
10 Devon Drive
978-264-4666 x202
www.benchmarkatrobbsbrook.com

Bridges by EPOCH
108 Littleton Road
Westford, MA 01886
978-692-9541
www.bridgesbyeepoch.com

Bullock's Nursing Service (see pgs. 13,20)
747 Main Street, Suite 225
Concord, MA 01742
978-369-0463
bullocksnursingservice.com

ComForcare Home Care
70 Broadway Street
Westford, MA 01886
978-256-2468
www.middlesexnorth.comforcare.com

Life Care Center of Acton
One Great Road
978-263-9101
www.lcca.com

Life Care Center of Nashoba Valley
(see pg. 11)
191 Foster Street
Littleton, MA 01460
978-486-3512

Visiting Angels - Home Care Services
(see pgs. 24,39)
498 Great Road
978-263-1212
www.visitingangels.com/acton

HEALTH & WELLNESS

Be Well and Beyond
77 Great Road
978-263-5771
bewellandbeyond.com

Bob and Ellen for NERIUM Anti-Aging
5 Spring Hill Road
Concord, MA 01742

Brain Health and Wellness Center
(see pg. 19)
P.O. Box 2683
978-621-1926
www.brainwellness.com

Create Great Life
14 Quail Run
978-266-1396
creategreatlife.com

Holistic Health and Beauty Care
276 Great Road
774-232-6245

Integrated Wellness Center
(see pg. 29)
274 Great Road
978-460-2999
www.integratedwellnesscenter.org

Juice Plus+
17 Green Needles Road
Littleton, MA 01460
978-479-4110
www.LuannColombo.com

MassageMore
452 Great Road
978-929-9900
www.massagemore.biz

Premier Medical Weight Loss Center, LLC (see pgs. 24,36)
676 Elm Street Suite 200
Concord, MA 01742
978-369-7600
premiermedicalweightlosscenter.com

The Healing Point (see pg. 38)
270 Littleton Road, Suite 29
Westford, MA 01886
978-392-8898
www.thehealingpoint.us

The Westford Center for Counseling and Holistic Therapies
234 Littleton Road, Suite 1D
Westford, MA 01886
978-692-9109
westfordtherapycenter.com

HOSPITAL

Emerson Hospital (see pgs. 26,47)
Route 110, 133 Littleton Road
Westford, MA 01886
978-589-6999
www.emersonhospital.org

HOLIDAY & CONFERENCE CENTER

Holiday Inn
242 Adams Place
Boxborough, MA 01719
978-263-8701
www.holidayinn.com/boxboroughhma

Westford Regency
219 Littleton Road
Westford, MA 01886
978-692-8200
www.westfordregency.com

INSURANCE / FINANCIAL ADVISORS

Boxborough Insurance Agency
650 Massachusetts Avenue
Boxborough, MA 01719
978-635-0044
www.facebook.com/pages/Boxborough-Insurance-Agency/139374829443651

Edward Jones Investments
83 Great Road
978-635-1525
www.edwardjones.com

Farm Family - Ludwig Agency
(see pg. 27)
239 Littleton Road
Suite 5A
Westford, MA 01886
978-703-4166
www.ludwigagency.com

Gallant Insurance Agency, Inc.
P.O. Box 975
978-263-3500
www.gallantins.com

MIDDLESEX WEST CHAMBER MEMBER DIRECTORY

Unless indicated otherwise, all towns are Acton, MA 01720

Lakeside Financial Planning
15 New England Executive Park
Burlington, MA 01803
781-270-1501
lakesidefinancialplan.com

New York Life Insurance Co.
201 Jones Road 5th Floor
Waltham, MA 02451
978-407-5787

NorthBridge Insurance Agency, Inc.
(see pgs. 3,34)
1150 Main Street
Concord, MA 01742
978-369-5656
www.northbridgeins.com

Prudential
595 Edgewater Drive
Wakefield, MA 01880
781-451-4725
www.prudential.com/us/richard.thomas

Senes & Chwalek Financial Advisors
152 East Bare Hill Road
Harvard, MA 01451
978-456-9600
www.senesandchwalek.com

KITCHEN & BATH DESIGN, CABINETS

Great Spaces, Inc. (see pg. 28)
25B Stow Road
Boxborough, MA 01719
978-760-0729
www.greatspacesinc.com

Specialty Craftsmen, Inc.
93 Main Street, Suite 104
Concord, MA 01742
978-371-1974
www.specialtycraftsmen.com

Wayside Kitchens (see pg. 25)
448 King Street
Littleton, MA 01460
978-800-1711
www.WaysideKitchens.com

LANDSCAPING

Clean Air Lawn Care
70 Stonybrook Road
Westford, MA 01886
978-254-1014

Lombardo Loam and Gravel Co., Inc.
30 Stow Street
978-263-8045
www.lombardoloam.com

Strawberry Hill Co. (see pg. 37)
19 Spruce Street
978-265-4992

MANUFACTURING / EQUIPMENT

A.C. & M. Fire Equipment Co.
P.O. Box 481
Concord, MA 01742
978-264-4412

Cynasure
5 Carlisle Road
Westford, MA 01886
978-256-4200
www.cynasure.com

Haartz Corporation
87 Hayward Road
978-264-2600
www.haartz.com

RH Products Inc.
308 Old High Street
978-897-8000
rhadhesives.com

Spire Metering Technology Company
14-B Craig Road
978-263-7100*113
www.spiremt.com

SSC Medical Instrumentation
23 Bradford Street
Concord, MA 01742
978-371-2800

Ways Unlimited
16 Wheeler Lane
978-635-9343
www.waysunlimited.com

MARKETING, ADVERTISING, DESIGN, WRITING

Concord Web Solutions
76 Summer Street, Suite 315
Fitchburg, MA 01431
978-254-7464
www.concordwebsolutions.com

Elizabeth West
526 Stow Road
Boxborough, MA 01719
978-263-2853
www.eduwrite.com

Market Dynamics
10 Macleod Lane
978-635-5411
www.marketdynamics.info

My Hometown Map
40 Wayerfield Road
Osterville, MA 02655
800-649-6277

One Less Hat Consulting
978-320-9147

Sceptre Marketing Group
P.O. Box 674
Maynard, MA 01754
508-904-1128
www.sceptremarketing.com

Smudged Graphics
P.O. Box 2096
978-857-0497
www.smudgedgraphics.com

Write Connections
P.O. Box 475
Chelmsford, MA 01824
978-256-9391

MUSEUMS / MUSIC & PERFORMING ARTS

Fruitlands Museum
102 Prospect Hill Road
Harvard, MA 01451
978-456-3924
www.fruitlands.org

Indian Hill Music (see pg. 10)
36 King Street
Littleton, MA 01460
978-486-9524
www.indianhillmusic.org

The Discovery Museums (see pg. 38)
177 Main Street
978-264-4200
www.discoverymuseums.org

Theatre III
P.O. Box 931
978-952-4500
www.theatre3.org

NON-PROFITS

Acton T.V.
16A Craig Road
508-733-2705
www.actontv.org

Acton-Boxborough United Way
P.O. Box 2258
978-263-1777
www.abuw.org

Household Goods Recycling of Mass (HGRM)
530 Main Street
978-635-1710 x 7

Middlesex West Chamber of Commerce
(see pg. 33)
179 Great Road Suite 104B
978-263-0010
www.mwcc.com

Minute Man Arc (see pg. 33)
1269 Main Street
Concord, MA 01742
978-287-7900
www.minutemanarc.org

Nashoba Valley Neighbors
P.O. Box 2484
978-549-5484
sites.google.com/a/abnewcomers.org/abnn-public/

Virginia Thurston Healing Garden
145 Bolton Road
Harvard, MA 01451
978-456-3532
www.healinggarden.net

WestfordCAT (see pgs. 24,39)
487 Groton Road, Suite B
Westford, MA 01886
978-692-7152
www.westfordcat.org

OPTICIANS

LOOK Optical
56 Main Street
Maynard, MA 01754
978-461-3937
www.lookopticalshop.com

PAINTING CONTRACTORS / CARPET CLEANING / WINDOW TREATMENTS

E.J. Carpet Cleaning
P.O. Box 849
978-264-4130
www.ejcarpetcleaning.com

Gatchell Painting (see pg. 14)
110 Great Road
Maynard, MA 01754
978-461-6011
www.gatchellpaintingcompany.com

Window Treatment Installation
26 Snow Drive
Littleton, MA 01460
978-369-6165
www.windowstbywti.com

MIDDLESEX WEST CHAMBER MEMBER DIRECTORY

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PAYROLL SERVICES

A.D.P. Automatic Data Processing
225 Second Avenue
Waltham, MA 02454
781-771-5605
www.adp.com

Paychex

100 Riverpark Drive, Suite 100
North Reading, MA 01864
978-482-5896

Payright Payroll Services, Inc.

468 Great Road
978-263-5004
www.payrightpayroll.com

PERSONAL SERVICES

The Attentive Concierge

4 LaSalette Road
Westford, MA 01886
978-764-4320
www.attentiveconcierge.com

PEST CONTROL

Locke's Pest Control

P.O. Box 1100
Concord, MA 01742
978-369-3802
www.lockespestcontrol.com

PET SERVICES, SITTING & SUPPLIES

Especially For Pets

444 Great Road
617-964-0453 x 22
www.especiallyforpets.com

happytails Dog Walking & Pet Care Services

386 Great Road
978-727-3368
www.go-happytails.com

Tucker'd Out Pet Services

38 South Acton Road
Stow, MA 01775
978-496-4464

PRINTING / PROMOTIONAL ITEMS

Bay Colony Promotions

100 Powdermill Road PMB #250
781-635-0901
www.baycolonypromotions.com

Facilities, Ltd.

914 Main Street
978-263-8589
www.facilities.com

ISS, Inc. (see pg. 30)

2 Shaker Road, D103
Shirley, MA 01464
978-425-3600
www.issondemand.com

Mackinnon Printing

6 Ledgerock Way
978-263-8435
www.mackinnon-printing.com

PUBLIC UTILITIES

Littleton Electric Light & Water

39 Ayer Road
Littleton, MA 01460
978-540-2222
www.llelwd.com

PUBLISHERS / NEWSPAPERS

GateHouse Media New England

WICKED LOCAL
P.O. Box 9191
Concord, MA 01742
978-371-5723
www.wickedlocal.com

The Homesteader

P.O. Box 1072
978-461-0028
www.TheHomesteader.biz

REAL ESTATE & DEVELOPMENT

Acton Real Estate Company, LLC

(see pgs. 7, 17)
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978-263-5002
averyandassociates.com

Betsy Purcell, Realtor

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www.betsypurcell.com

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978-256-2777
110grill.com

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781-367-5686
annadcafehop.com

British Beer Company (see pg. 19)

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Westford, MA 01886
978-577-6034
www.britishbeer.com

Bueno Y Sano (see pg. 20)

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978-263-9200
www.buenoysano.com

Burtons Grill (see pg. 21)

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978-692-1220
www.burtonsg grill.com

Evvia Cucina

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Westford, MA 01886
978-692-9050
evviavacucina.com

Ixtapa Mexican Grill & Cantina

(see pgs. 9, 31)
103 Nagog Park
978-429-8251
ixtapacantina.com

Le Lyonnais, Inc.

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978-263-9068
lelyonnaisacton.com

McDonald's of Acton (see pg. 13)

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www.mcstate.com/31731

Orange Leaf Frozen Yogurt

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Rangoli Grill (see pg. 14)

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978-692-8130
www.rangoligrill.com

Rapsallion Table & Tap

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617-869-5701

Sweet Kiwi Frozen Yogurt

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www.facebook.com/pages/Sweet-Kiwi-Froyo-Westford/135734923298465

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willowbooks.net

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www.margosdesign.com

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Studio M Hair Design
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www.acutaboveinc.com

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www.thesalonat142.com

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www.allegrosoft.com

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www.amethystsoft.com

Meerkat Technology
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www.mkat.com

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www.ri-2.net

Spindle Mattress
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www.spindlemattress.com

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www.cracom.com

MonitorClosely.com
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www.monitorcloselyboston.com

Nashoba Security, Inc. (see pg. 14)
474 Great Road
Littleton, MA 01460
800-578-0945
www.nashobasecurity.com

NowLocal Inc.
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